

QUINTE ROWING NEWS



Quinte Rowing Club Coastal Regatta

We are taking part in the Waterfront Festivities this year on Saturday July 9! This coastal regatta will launch rowers from Zwicks Island, and take boats around the Bay Bridge in a 4km race. You are encouraged to put crews together to represent our club on the water, but keep that endurance up, the finals are 8km. A seat fee will get you your place in a boat. Don't miss the opportunity to participate in a coastal regatta!

For more information, to help out for the day, or to submit your entry, contact Arnold at meer@on.aibn.com.



Issue 2: July 2016

Upcoming in July

SUMMER YOUTH CAMP

July 4-8 – Happening daily this week from 8:30 to noon. To volunteer your time contact Jackie- bellemarej@hotmail.ca

POKER RUN

Thursday July 7- Details Page 2

COASTAL REGATTA

Saturday July 9. See article for details

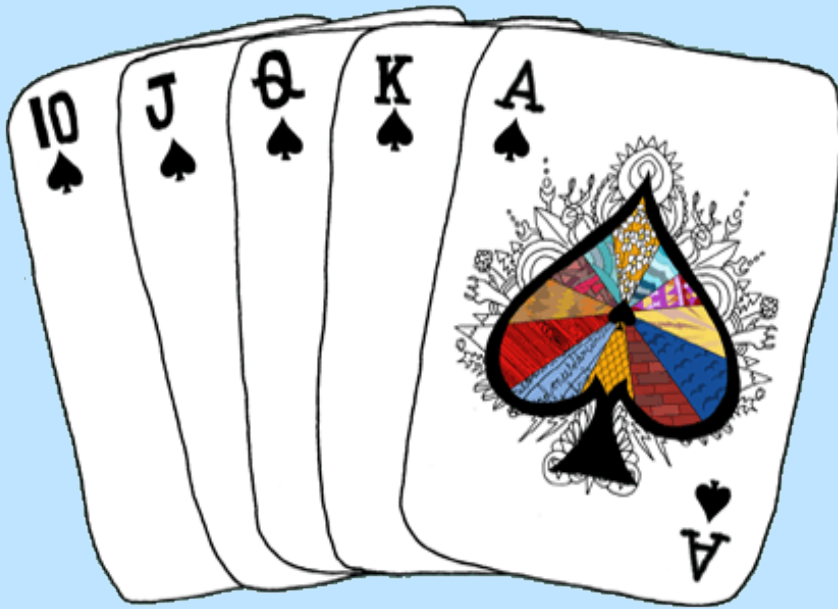
July Learn to Row

July 10th-14th
Sunday: 1-3pm
Mon-Thurs: 6:30-8:30pm
\$100, 8 seats available.
We are always looking for members to help, see Sonya to volunteer

ROCK AND ROW TOUR

July 22nd-23rd Details on page 3

Skills Development Continues



ARE YOU IN?

Poker Run

The June Skills Development sessions will end with a fun night open to all members. Join us at 6:30 for some fun on the Bay of Quinte, steer your boats amidst many obstacles and collect your cards! If that's not reason enough to join us, there will be prizes and a BBQ to follow! (That's not a bluff. There really will be food).

Let us know you're coming by signing up on the bulletin board and we will reserve your cards!

Skills Development

The Thursday night Skills Development/Boat Handling sessions will be continuing throughout July on the 14th, 21st, and 28th, ending with a fun night on August 4th. Sign up on the bulletin board to participate!



QRC Swag

Quinte Rowing Club Water Bottle Sales

We have created a customized water bottle! A 27oz stainless steel vacuum bottle with the QRC logo is the perfect way to keep your water cold this summer. They arrive the first week of July! To purchase, see Jennifer Dupuis or Sue Sampson. Each bottle is \$30 dollars.

QRC Clothing Line

We have a new clothing line ready for purchase! Please find a brochure and order form on the sign-in table at the club. All prices include tax. All pieces have the QRC logo and some with "Quinte Rowing" screened. Any questions please contact Sonya at swolvers@live.ca

QRC'S Bon Echo Rock and Row Tour

July 22nd-23rd. Filling up quickly! Not many roofed accommodations are left but we have several tent sites reserved. Visit www.adventurerowing.ca for more info on this and other tours happening around the province in 2016.

Summer Competitive

The summer competitive rowers will be racing at the following upcoming regattas:

Montreal ERAs July 2&3

St. Catharine's Invitational Regatta July 16

RowOntario Championships July 23&24

Royal Canadian Henley Regatta July 31- Aug 7

Try-It Day Success

The Try-It-Day was a HUGE success. Joined by the Belleville Outrigger and Canoe Club, we introduced both sports to a lot of people. A group of 6 travelled all the way from Guelph for our day! The event created a lot of buzz on the shoreline and it was only made possible by the helping hand of our amazing members. Thank you to all that volunteered their time and energy. There's talk among the clubs to have one more Try-It Day before the end of the season. Stay Tuned!!!

Muskoka Tour

The June 25-26 Muskoka Tour was a great success, thanks to great weather, great company and great rows each day. Ted and Arnold brought the touring boats to the regatta and got on the water both Saturday and Sunday with rowers from many other clubs. Apparently the food was really great too so remember that for next year!



Happening this Summer

Marathon Circuit

The Canadian Sculling Marathon on the Ottawa River is on Sunday, August 28. There are full, half and quarter marathon events.

There is a four day Rideau Tour, August 29 to September 1, just after the sculling marathon, where you can get a new perspective of the World Heritage Cultural Site, the Rideau Canal.

Talk to Sonya if you are interested in any upcoming tours!

Remember to visit www.rowquinte.ca and www.facebook.com/QuinteRowingClub for more info, events and pictures!!!